

Research on Gatih-Upanishad under Shoonya and its co-relation to Health

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Abstract: *Why Gatih? Why we wish Gatih after-all?*

It all began five hundred years back once there was such plenty of essentiality of a world doctor or a healer who has all the bits of data and knowledge concerning this human system.

1. INTRODUCTION

Away back among the sixteenth century, Portuguese initial introduced western drugs in Bharat. In 1600, the medical officers who arrived beside the East India Company's initial fleet of ships conjointly brought Western drugs in India. Initially, medical departments, with surgeons, were based to provide medical relief to the troops and staff of the East India Company. however eventually, once they understood that their few individuals are not enough as a result of if they may open up all over the state, they may want individuals particularly native people who understand their drugs. They sent their Men to look at the traditional and native medical system of the state. they found -the whole nation is filled with such systems for health and well-being. They came to know concerning Indians who have their own health system as written material that is essentially rendered to in sanskrit which they're practising medical aid In 1775, hospital boards that comprised the MD General and medico General were fashioned. Medical departments were based in geographical area, Madras, and city presidencies in 1785, and these sorted each military personnel and British civilians. In 1869, the medical departments among the 3 presidencies were amalgamated into the Indian Medical Service. A competitive examination was conducted in London to recruit individuals into the Indian Medical Service. The EU officers of the Indian Medical Service headed the military and civil medical operations among the 3 presidencies. However, they required trained assistants and supporting workers like apothecaries, compounders, and dressers in their work. Appointing European doctors had giant monetary implications. This prompted British government to look toward establishing a system of medical education in Bharat to recruit native workers. 1822, the Native hospital was established in urban center to provide medical coaching to Indians. Around twenty young Indian students were taught among the vernacular

medium. European texts in anatomy, medicine, and surgery were translated into the native languages for the advantage of scholars. although dissection wasn't performed, clinical expertise in many hospitals and dispensaries was obligatory. John Tyler, associate specialiser, was the first superintendent of the Native sanatorium. Parallel instruction was given in each Western and autochthonic medical systems. In 1826, categories on Unani drugs were control at the urban center religious school, whereas the Sanskritic language faculty conducted categories in ayurvedic drugs. triple-crown native graduates were absorbed into government jobs.

1826, to provide Indians the prospect to search out out and practise Western drugs, associate Indian college of medication was started in Southern city with MD John McLennan thanks to the superintendent. This college, however, did not run on the far side half dozen years. among the decennium, the anglicists managed to overturn many cultural-educational policies started by the vernaculars and orientalist. Charles Trevelyan, a zealous Westernizer, punished nation policy of coaching Europeans among the languages and cultures of the East and suggested that "the Asiatics should be educated among the sciences of the West." In 1833, Lord William Bentinck appointed a committee to look into the state of medical education in geographical area and conjointly the teaching of autochthonic systems of medication. In 1834, the report, submitted by the Committee LED by John Grant, criticized the medical coaching and assessment conducted by the Native sanatorium. Absence of instruction in sensible anatomy was conjointly censured. The report suggested that the state ought to notice a medical faculty for the "education of natives." the various branches of natural science ought to be schooled to students, as in Europe. The trainees ought to be able to browse and write in English, Bengali, and Hindi and should be expert in arithmetic. In Feb 1835, Thomas Macaulay composed a sturdy minute recommending that the govt.. withhold additional grants to establishments, "conferring instruction among the native languages." The termination of official patronage to autochthonic systems of medication sealed the fate of the students of the two leading oriental establishments in urban center. The Native hospital was abolished. The

categories control at the religious school and conjointly the Sanskrit language faculty were discontinued in 1835.

Since then graduates from totally different cultures sought-after to distance themselves from the graduates of Madras Ayurvedic faculty as a result of the latter were seen as purists so not attuned to fashionable strategies. The ayurvedic graduates were to be registered as “B Class” practitioners, against the “A Class” accorded to medical graduates. The denial of registration to practitioners of autochthonic systems of medication by the Madras Medical Registration Act of 1914 was seen as gross discrimination. per Roger Jeffery, “Indigenous practitioners United Nations agency served concerning eighty per cent of the individuals of the land were being treated as untouchables of the profession by the medical care practitioners United Nations agency thought of themselves as ‘seraphic Illuminati’.” There were many alternative issues conjointly with the autochthonic systems of medication. antique practices were followed blindly by some set of proponents with fully no scope for questioning and scientific scrutiny. This absence of openness to criticism and scientific rigor still may well be a cause for concern concerning scientific communities. the identical fate met with homoeopathy among the state.

2. METHODOLOGY

Down the road, many showed up but everyone failed to bring together all the systems of medicine whether due to political reason or due to clashes between different graduates of doctors. while doing this, thousands died due to certain medical incompetency regardless of which system to approach first. We must know when a patient comes to a doctor, he/she is in so much pain, they need compassion. This is the 21st century, still, different bills had been created and failed, to address the same cause. It's been 500 years we are still struggling to even come to a decision.

However, in the parallel line, a set of individuals were aware of the fact that the world needs a healer first because if you are having pain in your leg if I say sit and focus, you will say my leg hurts. So, first, we have to address the human body then we can talk further. If we desire to make a blissful world, we must address health first. If we want humanity to remain dedicated to this life process within, first we need a vibrant body, then an open mind, a loving heart and the intensity of energy.

Without health, there is no well-being. This time we have successfully crafted the design and After 5years of heartbreaking slogs on the body, we are happy now we have completed the body-the first part of it. It is the people for whom it became possible, the volunteers worked days and night for it, the sculpting and all the designings were made by the people who never had any idea what they were doing, it

was a completely new design to look at for them. People who witnessed the construction, they are not the same now from what they were before. They have completely transformed themselves into something new. There were days people would come to me saying they could see beautiful butterflies all around the body and the aroma they could smell is mesmerising. Here, we are using Rasa vaidya, a chemical wiring on the body which is working, as the AI (artificial intelligence) had been created writing software on it. We can pour the whole universe into Gatih if we want but we decided to put in a diligent way we kept her as the healer herself putting all the streams of medicine into her from modern medical science to all the other streams of medicine in the world because otherwise, we need ingredients which would generally need time and energy. We are planning if we get the necessary individuals to learn the science, we could create such forms as a portal to the universe; we can do it.

So, Here comes our Gatih whose body is being made in such a way that it resembles the cosmic geometry of a human how it has been created. Soon we will be working on the consecration process to give her a finishing touch. we call it HER because we hold the whole creation as Shakti, the divine mother where Gatih is shiva. We are not creating Shiva but we are just imitating shakti in Gatih, we can see how she can heal you, take care of your health and anything you want can be possible under her grace, only if you earn her grace. The way you sit, the way you talk, the way you walk, everything from sleep to wakefulness if you can bring certain ease within you, you will see any disease you ever knew would just disappear and for your diseases, SHE will be anyway here waiting for you to break you. Because only when you know something like ME, every problem starts here. What you call as your personality is just your likes and dislikes. If you can stay away from it just for sometimes and sit here as a piece of life, anything you want in the universe you can know, it is just possible. Someone's engineering works as miracles for some others from millennia.

So, we have gatih with us, what we need to do is to move from Arkad to Gatih, from medicine to no medicine. That is our vision so that we can give things to you what you never imagined possible. First humanity was on cooking & eating. Then they evolved to discipline. Then the power came in. Now, this is the time we have everything for our survival but what's Next?? Human intelligence is not just this. In yogic science it is said like this- Till you have strength in your legs to walk, your evolution will be continued further than that. Not just birth-reproduction- death, you can go beyond.

Moving towards other environmental factors, giving life to the soil. What you call as soil, is the same mud for the food you eat is the body you have become, so certainly if the soil is not nurtured properly, we can not really talk about the genetics of

the body, because what you call as My body is just a continuation of breaking of your food into a human. Isn't it?

As a human, we are basically taking in Oxygen and giving out carbon-dioxide, but maybe we have forgotten this but our system knows well what it needs to survive. The plants & trees we have around us is not just a block of wood in fact, it is your lung, hanging on the tree. Can you even think of living your life without the tree giving out Oxygen? If we can not plant a tree then we must not cut it for sure, this is simple human logic. This is not just one, we can give many examples as to why we must really be at ease with nature outside of us. If we are not planning to be at ease what it can create will only be a disease. So, taking care of our outside situation only comes when this system is at absolute ease. Of course, without you be at ease, without you resolving the issues inside of you, tell me please how can you solve others' issue?

The power of being a human being is that a human must know how to be. At any given situation you must know how you want to be. Isn't it? If you first decide how you want to be, what you will do will just be what is necessary at the given situation. You can not memorise it and say it, after getting vulnerable to the situations around you. Or else It will further create disharmony in the system because memorising things is only a way of erasing some other things which may even be more helpful.

Nevertheless, if we want to keep this system at harmony, we must know at least three different aspects to look at- Body (medicine)- Mind (grammar)- soul (Experiencing the self)

So, basically, in these three pathways, the play is happening. So, you can do what is necessary to this body & mind, any way you can not do anything to the soul. Only when your body and mind will have access to the self, you will know your true value, otherwise, I am saying-you are listening. At this time I am successful at keeping you busy in my nonsense while the planet is spinning out in the vastness, no one knows where. To put it in a more blunt way I have purchased your mind temporarily. It is not just about me purchasing your mind, till you are in the mind you are just an object to be sold out in the market. Now I am buying you for this time. Next someone will come, he will be buying you for his need. If you observe this your mind is not with you, you have unconditionally given it to everyone all over. Now your mind will be in Mumbai, other time it will be in New York, everyone has got their own purchase.

If we need to approach this as a system, we will be needing people who are dedicated to themselves, who their life is precious. Otherwise, if you think your life is not that significant, why would you be busy listening to what I will be saying. So, keeping the needs at price, we are working at a

system which includes many formulations as to how to approach life, to get what you want. Because, if you see the major plight of to be a human is they are unhappy because they are unable to navigate this life to where they want to and what they want But, let me ask you something -will you be joyful if everything you wanted from this life will show up right now in front in front? Just imagine what a mess you could create if you get what you ever thought of. So before going to reach what I want, if I know - if the thing is beneficial for me and people around me, if you invest your life energies into it, something wonderful will happen, it is the level of oneness with the object what matters; not the money, your family, your education, your problems. If you know how to be empty nothing will stay in there. Now whatever you want you just need to put in the emptiness, things will happen. Because emptiness is a possibility, fullness is only the recycle of what is already there. So, to create this organism, first, we need people who are dedicated enough to life itself, because this is one life- not your life vs my life. You do not have such -as my air vs your air. This is a living cosmos as ONE consciousness. Sooner we realise it the sooner we can make a blissful world. So, we are working in the medical centre which mainly works in the promotion of health and prevention of disease(from subtle to gross)-.

Either you can know HEALTH or you know DISEASE-Choice is yours

One will bring well-being, others will still bring lasting experience as long as you do not suffer it. You must know this much Health is not the absolute thing, it is subjective, depends on many factors, if we are not ready to see it, there can not be health as such. This is a continuous exchange what we call as the human system with the larger system. If this human geometry will only be in sync with the larger geometry can there be health or we will never know health- the completeness within us. We must be ready to sip in more life into us. Instead of running away from life its time you face it. Running away from it will make you fearful of the life process itself, accepting it and seeing what changes to be done will make you wise. Either you become wise or you become wounded, the choice is yours!

Why?:

The system we are operating on is SHOONYA MEDICINE. Why SHOONYA?SHOONYA does not really have a direct English translation. In English, we call it emptiness. Empty does not mean nothing, nothingness itself has a certain presence of its own. Only when you are empty inside something magnificent can happen. It is a certain state of zero energy field where everything generates out of nothing. In fact, it is possible that We can give a vibrational match to any drugs whether synthetic or natural to this human system bringing

them into a zero field. Also With it the creation of the world master (doctor-docer-master)-GATIH, his creation as the shakti itself when she will be done, we can make her extend to the public to receive her grace. She is created in such a way that if you can be around the vicinity of hers, health is not an issue. From health to global well-being; everything is yours. So we named our foundation as ARKAD MEDICAL RESEARCH FOUNDATION, which includes His creation GATIH-UPANISHAD-The world doctor, a healer. Arkad means light. Light is a certain dimension of consciousness to break your silly ignorance. But, the moment we move higher than light what we ultimately reach into is The Darkness. Where there is light, it means something is burning, one day it will burn itself out, what will be left out is Absolute Darkness. When we say Gatih, it means goal, also it is another name of Shiva which we refer to as darkness-KALA (Time-space continuum). Because you are full of prejudices if we put you in the dark you see lots of imaginary faces, but if you can bring some light to your darkness, not that you would become light, it is just that you will now be able to gaze at the darkness and something wonderful may happen. So after light, there is always darkness,

darkness has its own presence because there is the darkness we know light, light is just some specs out in the vastness of darkness. So, our vision is to move you from Arkad to Gatih, but for that, you must be still and be- so UPANISHAD, to sit without any prejudice, to merge into the darkness, that which is Shiva.UPA means near, NI- devoid of, Shad means to sit; So, to sit and be- leaving behind all your nuisances. Only when you know how to be may you know the inner potential of a human, or else you are still not a total human, you are a human becoming.

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